

# Californian Scramble

Scrambled eggs with Jack & Cheddar. topped with our salsa & avocado. Served with red potato hash or hash browns, and side choice of a tortilla. toast or 2 buttermilk pancakes. luevos Revueltos Estilo Californiano





Tuscan Scramble

Scrambled eggs with roasted red peppers. Parmesan, diced tomatoes fresh spinach & sweet basil. Served with red potato hash or hash browns and side choice of a tortilla, toast or 2 buttermilk pancakes. Huevos Revueltos Estilo Toscano

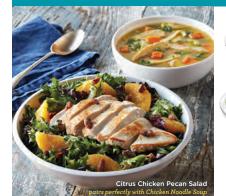
10.59 (960-1340 Calories)



Goes areat with a side!

Add a mug of our International House Roast™ for a fresh-brewed boost.

# : Salads and Soups





Ask your server for today the Day 4.59

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Number and selection of soups vary by locatio Roasted Chicken Noodle (170 Calories) Loaded Potato with Bacon (370 Calories Minestrone (150 Calories)



## All burgers & sandwiches are served with choice of one side: Seasoned Fries (320 Calories) Seasonal Mixed Fruit (60 Calories)

Two slices of grilled Brioche bread topped with roasted turkey, scrambled eggs, tomato, White Cheddar sauce & avocado. Huevos Estilo Benedictos con Pavo y 10.59 (790 Calories)

# Bacon Cheeseburger

100% USDA Choice beef topped with American & our signature bacon. Served with lettuce, tomato & red onion on our grilled Brioche bun. Hamburguesa con Queso y Tocino 10.79 (830 Calories)

Hash Browns (280 Calories)

Side Salad (40-380 Calories)



Onion Rings (500 Calories)

Blue Cheese & Bacon Burger 100% USDA Choice beef topped with

Blue cheese crumbles, our signature bacon & lettuce. Served on our grilled Brioche bun. Hamburguesa con Queso Roquefort y Tocino

10.79 (840 Calories)

Mega Monster Cheeseburger Two 100% USDA Choice beef patties smothered in American & White Cheddar with lettuce, tomato & red onion on our grilled Brioche Bun. Hamburguesa Mega Grande con Queso 11.79 (1190 Calories)



# add avocado!

to any burger or sandwich for an additional 2.69 (70 Calories)



100% USDA Choice beef topped with White Cheddar & a

made-to-order Denver Omelette with peppers, onions & sliced ham, Served on our grilled Brioche bun Hamburgesa con Omelette de Jamón v 10.79 (1030 Calories)



Cheeseburger 100% USDA Choice beef topped with American. Served with lettuce, tomato & red onion on our grilled Brioche bun. Hamburguesa con Queso 10.29 (740 Calories) Available without cheese. 9.99 (subtracts 70 Calories)



Monster Mozza Sticks

Palitos de Queso Mozzarella

8.29 (770 Calories)

10.79 (1050 Calories)

Sirloin Steak Tips\*

Puntas de Bistec Sirloin

14.59 (780 Calories)

fresh broccoli.

lingonberries.

Pavo Asado y Guarniciones

11.99 (970 Calories)

Bister Campestre Frito

11.99 (1050 Calories)

Country Fried Steak

A golden battered beef steak

smothered in country gravy. Served

with mashed potatoes & steamed

Roasted Turkey & Fixings

with warm gravy. Served with

cornbread stuffing, mashed potatoes

steamed fresh broccoli & a side of

Sirloin tips with grilled onions &

mushrooms. Served with mashed

potatoes & whole kernel buttered

Five thick Mozzarella cheese sticks

served with marinara dipping sauce.

Crispy Chicken Strips & Fries

Five all-white meat crispy chicken

strips. Served with honey mustard

Cruiientes Tiras de Pollo y Papas Fritas

dipping sauce & seasoned fries.

All entrées are served with choice of one: Soup (150-370 Calories) Side Salad (40-380 Calories)





# Crispy Chicken Cobb Salad

Citrus Chicken Pecan Salad

segments & honey-roasted pecans or

mixed greens. Tossed in our orange

Grilled chicken breast, orange

theese on mixed greens tossed with buttermilk ranch. Available with grilled chicken breast.

Ensalada con Pollo Cruiiente o Asao 10.79 (1220/1060 Calories) Add avocado. 2.69 (70 Calories)



Tomato & red onions on mixed greens with choice of dressing. Ensalada de la Casa 4.59 (40-320 Calories)





Carved roasted turkey breast with

bacon, Swiss, lettuce, tomato &

mayonnaise on marbled rye.

ándwich de Pavo Asado

10.79 (840 Calories)

Mew. Grilled Chicken, Ranch

& Avocado Club

Grilled chicken breast with

bacon avocado lettuce.

tomato & buttermilk ranch

on a grilled Brioche bun.

Club Sándwich de Pollo Asado

Aderezo Ranch y Aguacate

10.99 (680 Calories)

Spicy Chicken Ranch

Crispy chicken breast tossed in

our citrus chili sauce with

melted Pepper Jack, a mix of

roasted onions, Poblano & red

hell nenners buttermilk ranch &

lettuce on a grilled Brioche bun.

Sándwich Picante de Pollo Crujiente

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SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

10.79 (810 Calories)

Sandwich



Philly Cheese Steak Stacker Grilled steak & onions tonned with melted American on a grilled roll. Sándwich Philly de Bistec y Queso Derretido



10.99 (820 Calories) Double BLT Double-decker with 6 strips of bacon, lettuce, tomato & mayonnaise

on white toast. Sándwich Doble de Tocino



9.99 (660 Calories)

Ham & Egg Melt

Scrambled eggs topped with ham, Swiss & American on grilled artisan sourdough. Sándwich de Jamón. Huevo v Quest Dorratido

10 79 (1230 Calories)



Hash Browns 3.69 (280 Calories)

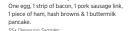
MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

3.69 (320 Calories) Red Potato Hash 3.69 Onion Rings 3.69

Order a freshly-brewed iced tea.



# 55+ Breakfast Sampler\*



7.29 (700-750 Calories)



Appetizer Sampler

dipping sauces.

Aperitivos Sampler

Chicken &

10.99 (1610 Calories)

Monster Mozza Sticks, Onion Rings

& Crispy Chicken Strips served

with honey mustard & marinara

Three-Cheese Quesadilla

& a fresh grilled Serrano pepper.

New Bacon Crusted Chicken Breast

Pechuga de Pollo Capeada con Tocini

Bacon crusted grilled chicken breast

with Pepper Jack over red potato has

with Potato Hash

& hollandaise.

Papas Sazonadas

11.99 (920 Calories)

Chicken Cordon Bleu

Pechuga de Pollo Cordon Bleu

11.99 (1200 Calories)

Tilapia Florentine

mashed potatoes.

11.99 (670 Calories)

Crispy chicken breast with spinach

ham, melted Swiss & White Cheddar

sauce. Served with red potato hash.

Two fillets over fresh spinach tossed

in Alfredo sauce. Served with

Quesadilla de Pollo v Tres Quesos

10.59 (980 Calories)

Grilled chicken breast with roasted red

pepper & spinach, melted Pepper Jack,

tortilla. Served with our salsa, sour cream

Monterey & Cheddar in a grilled flour

# + Desayuno Levantate y Brilla 7.29 (750-1120 Calories)

55+2 x 2 x 2\* Two buttermilk pancakes, 2 eggs & 2 bacon strips or 2 pork sausage links.

6.99 (520-710 Calories)

55+ Buttermilk Pancakes Three of our world famous buttermilk pancakes. Topped with whipped real butter. 55+ Panqueques de Buttermilk 6.99 (430 Calories)



UBSTITUTE

Four triangles served with 2 bacon strips or 2 pork sausage links. 6.99 (590/680 Calories)

Turkey bacon (subtracts 10 Calories per piece)

Egg whites (subtracts 15-60 Calories per egg)

Kids drinks, 2,49 2% Milk (150 Calories) • Chocolate Milk (220 Calories, Hot Chocolate (140 Calories) • Juice (1800-1500 Calories)



Funny Face\* A chocolate chocolate chip pancake with powdered sugar, maraschino cherry eyes & a

whipped topping smile. 5.49 (500 Calories)

















Applesauce or seasonal mixed fruit. ándwich de Queso a la Plancha 4.99 (420/450 Calories)

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BUILT FRESH. JUST FOR YOU. 55+ OMELETTE

# An omelette made with a splash of our famous buttermilk & wheat pancake batter with choice of cheese; Cheddar, White Cheddar, American, Jack & Cheddar blend, Swiss or Pepper Jack.

- Pork Sausage (adds 180 Calories) Ham (adds 30 Calories)
- Fresh Mushrooms (adds 10 Calories) Fresh Tomatoes (adds 10 Calories)
- Fresh Spinach (adds 15 Calories)
- Fresh Avocado 2.69 (adds 70 Calories)

880 Calories)

55+ Cena de Pavo Asado

55+ Tilapia One fillet over fresh spinach tossed in Alfredo sauce. Florentine Served with mashed potatoes.(560 Calories) 55+ Tilapia a la Florentina

Crea tu Rooty Jr.\* 5.49 (350-460 Calories)

Step Blueberries (adds 100 Calories) Banana Slices (adds 50 Calories)

Peaches (adds 90 Calories) Strawberry Low-Fat



one item from each step below.





Made with American cheese. With Mott's®



Regular 3.19 (120 Calories) Regular 3.19 (180 Calories) Large 3.79 (220 Calories) Large 3.79 (310 Calories)

= Free Refills on your favorites.

Premium Pure-Squeezed

wiceA-

Fountain Drinks Refrescos 3.19

Fruit Crepe

2% Milk

Leche al 2%

Orange Juice

Jugo de Naranja Premium

Regular 3.19 (110 Calories)

Large 3.79 (200 Calories)

NTERNATIONA

HOUSE ROAST"

Never Empty Coffee Pot\*

Regular or Decaf

Café Regular o Descafeinado

3.19 Per Person (5 Calories per cup.

Flavored Coffee 3.99

Café de Sabor

French Vanilla (190 Calories)

Swiss Mocha (190 Calories)

Freshly Brewed

Iced Tea

Té Helado

3.19 (10 Calories)

: Lemonade

3.19 (140 Calories)

: Splashberry

3.99 (150 Calories)

A blend of glazed strawberries,

lemon-lime soda & premium

orange juice.

Apple Jugo de Manzana

Chocolate Milk

Leche con Chocolate







Calories) or glazed strawberries (adds 70 Helado de Vainilla con Chocolate o Fresas Glasead

Kids Jr. Sundae (1 scoop)

Milk Shake 5.79

Malteada de Leche

2.99 (240/200 Calories)

Ice Cream Sundae



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Served with two buttermilk pancakes. Crea tu 55+ Omelette 7.99 (680-760 Calories)

Additional ingredients 1.99 each (except avocado) Bacon (adds 130 Calories)

- Extra Cheese (adds 150-230 Calories)
- Fresh Green Peppers & Onions (adds 10 Calories)

55+ Roasted Carved roasted turkey breast topped with warm gravy. Turkey & Fixings Served with combread stuffing, mashed potatoes, steamed fresh broccoli & side of lingonberries.

Soup 2.69 (150-370 Calories) Side Salad 2.69 (40-380 Calories)

REATE YOUR Start with 1 scrambled egg, 1 bacon ROOTY JR® strip &1 pork sausage link. Then choose

ONE: Buttermilk Pancake Belgian Waffle Brioche French Toast

TWO: Glazed Strawberries (adds 90 Calories) Raspberry Topping (adds 100 Calori







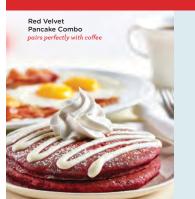


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topping, blueberry compote or glazed strawberries. Topped with vanilla ice A buttermilk pancake with strawberry eyes, a cream & more fruit topping. whipped topping nose & a fresh banana smile. Steamed Fresh Broccoli 3.69 Seasonal Fruit small bowl Served with a tube of strawberry low-fat yogurt. (25 Calories) Substitute seasoned fries instead of Mott's® Applesauce (adds 280 Calories) Whole Kernel Buttered Corn 3.69 or seasonal mixed fruit (adds 260 Calories) (500 Calories) PEPSI, DIET PEPSI, the Pepsi Globe, MTN DEW and MIST TWST re trademarks of PepsiCo, Inc. IR PEPPER is a registered trademark of Dr Pepper/Seven Up, 2 000 calories a day is used for general nutrition advice but calorie needs vary. IHOP KRAFT is a registered trademark of Kraft Food cannot ensure menu items do not contain ingredients that might cause an allergic reaction NOTICE: ITEMS MARKED WITH AN \* MAY BE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS or impact other dietary restrictions. Allergen information is available upon request.

# Sopa del Día



BUTTERMILK

PANCAKES



Flipped Fresh. Just For You.



2 + hash + 2 bacon strips + eggs\* browns or sausage links

# 2 Pancakes

Choice of any 2 same-flavored pancakes. Combo de Panqueques 10.99 (810-1250 Calories)



## Red Velvet

Four red velvet pancakes topped with cream cheese icing & dusted with powdered sugar. 9.99 (680 Calories)



New York Cheesecake Four buttermilk pancakes filled with cheesecake bites. Topped with glazed strawberries & dusted with

powdered sugar. anqueques de Pastel de Queso Nueva York 9.99 (940 Calories)



Strawberry Banana Four buttermilk pancakes filled with fresh banana slices. Topped with glazed strawberries & more banana

Pannujorujos con Frosas y Plátanos 9.99 (670 Calories)



Chocolate Chocolate Chin Four chocolate pancakes filled with chocolate chips & dusted with powdered sugar. Available in buttermilk version. Panqueques de Chocolate con Chispas de

9.99 (630/610 Calories)

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### Original Buttermilk Five of our world famous buttermilk pancakes topped

with whipped real butter. Panqueques Originales de 8.59 (670 Calories)



Harvest Grain 'N Nut\* Four nutty pancakes filled with a blend of wholesome oats,

> whipped real butter. Panguegues Harvest Grain 'N Nut® 9.99 (990 Calories) Available with raspberry topping (adds 25 Calories) or blueberry compote (adds 30 Calories)

almonds & walnuts. Topped with



### Rooty Tooty Fresh 'N Fruity\* Pancakes Four buttermilk pancakes

(500 Calories), Topped with choic of peaches (adds 60 Calories), raspberry topping (adds 70 Calories) or glazed strawberries (adds 70 Calories). Panguegues Rooty Tooty Fresh 'N



Raspberry White Chocolate Chip Four buttermilk pancakes filled with white chocolate chips. Topped with raspberry topping & cream cheese icing. Panguegues con Frambuesas v Chispas de Chocolate Blanco

Additional nutrition information available upon request.

9.99 (850 Calories)

9.99

Hash Browns Hickory-Smoked Bacon Strips 3.69 (280 Calories) (4) 4.29 (170 Calories)

Red Potato Hash with grilled onions & green peppers 3.69 (480 Calories)

Seasonal Fruit 3.69 (60 Calories)

**Ruttered Toast** 2.69 (250-440 Calories

(2) 3.69 (490 Calories)

**English Muffin** 2.69 (180 Calories)



who knew BACON

Cured especially for IHOP, our signature hickory-smoked bacon goes great with

Turkey Bacon Strips

(4) 4.29 (130 Calories)

Pork Sausage Links

(4) 4.29 (350 Calories)

Slice of Ham

4.29 (120 Calories)

(2) 4.29 (400 Calories)

Smoked Pork Sausage



# Strawberry Banana

FRENCH TOAST

French Toast

butter and dusted

Nuestro Pan Francés

9.59 (730 Calories)

Stuffed French Toast

with sweet cream filling

Two cinnamon-raisin triangles

(850 Calories). Topped with

choice of strawberry vanilla

(adds 190 Calories), peach

vanilla (adds 180 Calories) or

glazed strawberries (adds

130 Calories).

10.59

Pan Francés Relleno

10.79 (860 Calories)

with powdered sugar

French Toast Our original French toast topped with glazed strawberries & fresh banana slices. Pan Francés con Fresas I













Our traditional golden-brown Belgian waffle topped with whipped real butter. 8.79 (520 Calories)



drizzle. Crepas con Fresas v Crema 9 99 (800 Calories) Swedish Crepes







eggs\* browns or sausage links Crenas de Queso de Crema Dulce

















GRIDDLE

Brioche Flavors 2 slices (1060-1260 Calories)

or

Combo de Pan Francés

Sweet Crepes 10,99

Banana with Nutella® 2 crepes (990-1170 Calories)

Strawberries & Cream 2 crepes (910-1100 Calories)

Swedish 2 crepes (860-1050 Calories)

Sweet Cream Cheese 1 crepe (910-1110 Calories)

Combo de Crepas Dulces

## Four delicate crepes topped with Nutella® The Original Hazelnut Spread® & freshly sliced bananas. Griddled Fresh. Just For You.



hash 2 bacon strips



French Toast 10.79 Original 4 triangles (1000-1190 Calories) Stuffed Flavors 1 triangle (990-1200 Calories) Strawberry Banana 4 triangles (1050-1230 Calories)









# Belgian Waffle 10.99 (730-920 Calories)

Cream-Topped Waffle 11.59 (990-1190 Calories) Combo de Waffle



MADE TO BUILD





Breakfast Sampler\*

Two eggs, 2 bacon strips,

2 pork sausage links, 2 pieces

Smokehouse Combo\*

Two jumbo smoked pork

sausage links served with

2 eggs, hash browns &

2 buttermilk pancakes.

11.59 (1120-1220 Calories)

10.29 (750-1120 Calories)

10.59 (410 Calories)

Combo de Salchichas Ahumada



peppers, roasted onions, Jack & Cheddar & our salsa topped with sour cream. Served with a fresh grilled Serrano pepper. Omelette de Fajitas de Pollo 13.59 (960 Calories)

12.59 (1090 Calories)

Omelette

Spinach & Mushroom

Fresh spinach, mushrooms,

hollandaise & tomatoes.

12.59 (890 Calories)

onions & Swiss, Topped with

Omelette de Espinacas y Champiñone

Bacon Temptation Omelette

Buttered Toast (250-440 Calories)

ttFor flavors see pancakes page.

Seasonal Mixed Fruit (60 Calories)

Chicken Fajita Omelette

Grilled chicken breast with

roasted Pohlano & red hell

3 Flavored Pancakes<sup>++</sup> 2.69 (440-790 Calories)

MADE TO ORDER

Omelettes include† 3 Buttermilk Pancakes (430 Calories)

your choice of one Hash Browns (280 Calories)

which is served as described.

## Country Omelette Ham, hash browns, onions & Cheddar. Topped with sour cream.



add, avocado!

to any omelette for an

Big Steak Omelette

Omelette de Rister

13.59 (1160 Calories)

Colorado Omelette

additional 2.69 (70 Calories)

Steak, hash browns, green peppers

onions, mushrooms, tomatoes &

Cheddar. Served with our salsa.

Big Steak Omelett



# Hearty Ham & Cheese Omelette

Stuffed with ham. Jack & Cheddar & a White Cheddar













with your choice of omelette side. Crea tu Omelette 10.59 (580-660 Calories)



### Additional ingredients 1.99 each (except avocado) Bacon (adds 130 Calories) Pork Sausage (adds 180 Calories)

Ham (adds 30 Calories)

Fresh Spinach (adds 15 Calories)

An omelette with choice of cheese: Cheddar White Cheddar

American, Jack & Cheddar blend, Swiss or Pepper Jack, Served

• Fresh Avocado 2.69 (adds 70 Calories)





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Sirloin Tips & Eggs\*

mushrooms. Served with

Puntas de Rister Sirloin y Hueyo

T-Bone Steak & Eggs\*

10 oz. T-Bone steak grilled &

served with 3 eggs &

3 buttermilk pancakes.

16.99 (910-1060 Calories)

Bistec T-Bone v Huevos

SUBSTITUTE

Egg whites (subtracts 15-60 Calories per egg)

Turkey bacon (subtracts 10 Calories per piece)

2 eggs, hash browns &

14.59 (1170-1270 Calories)

2 buttermilk pancakes.

Sirloin tips with grilled onions &

Over Hard: Firm Whites With A Firm Yolk.





Scrambled egg whites served with

2 slices of turkey bacon seasonal

mixed fruit & dry whole wheat toast.













TG 0516 N P DP T S P333





honey-roasted pecans & powdered sugar. Wafflo con Plátanos y Croma 9.99 (780 Calories)











Bananas Foster **Brioche French Toast** Three slices topped with fresh bananas caramelized in a classic buttery, brown sugar New Orleans Foster's We make ut tresh

Plátanos y Salsa Foster



Hickory-Smoked Bacon. You Won't Regret It.



























© S EGGS 101 Get your eggs exactly like you like them. Scrambled: Whites And Yolks Mixed Together. Over Easy: Soft Whites With A Runny Yolk. Over Medium: Firm Whites With A Semi-Firm Yolk.

2 x 2 x 2\* Two eggs, 2 bacon strips or 2 pork sausage links & 2 buttermilk pancakes.













